

Basic Backpacking Gear List (1-2 nights)

Personal Equipment:

Packing:

- Backpack (Internal OR External Frame OK)
- Pack cover (waterproof nylon, for rain)
- Large Ziploc or "Dry Bags" for storage

Clothing

Layer A: (Hiking Clothes)

- hiking boots (broken in)
- 1-2 pairs hiking socks
- 1-2 pairs sock liners (polypro, optional)
- 2 pairs underwear
- 1 pair shorts / pants (no jeans)
- 2 shirts
- 1 hat/cap

Layer B: (Cool Evening)

- Long sleeve shirt
- 1 long pants (no jeans)

Layer C: (Cold)

- 1 light jacket (wool, fleece, or down)
- Stocking cap (wool or polypro)
- 1 pair thin gloves

Layer D: (Cold, Wet, Windy)

- 1 Rain jacket

Eating:

- 1 Plastic or Silicone Bowl *
- 1 Cup *
- 1 Spoon/Spork * [not a full utensils kit]
- 2 water bottles (Nalgene, Platypus, etc.)

Personal/ Miscellaneous:

- Small pocketknife
- Matches w/ container *
- Flashlight (batteries)
- Bandannas
- Toothbrush/ toothpaste/ chapstick *
- Light Towel
- Ditty bag (for items in bear bag) *
- First Aid Kit:** *
 - Band-aids
 - Moleskin
 - Gauze
- Duct tape (wrapped on water bottle)
- Hiking Poles (optional)
- Whistle / Watch
- Toilet Paper
- Air Pillow (optional)
- Sunscreen / Bug spray

Sleeping:

- Sleeping bag w/ stuff sack
- Sleep clothes (t-shirt/ gym shorts)
- Sleeping Pad (ie. foam or Thermarest)

Crew Gear:

- Stoves (1 for each 3-4 Scouts)
- Pot (1 for each 3-4 Scouts)
- Food *
- Cathole Trowel
- Map / Compass
- Tent (1 for each 2 Scouts)
- Water Purification (filter or tablets) *
- Rope
- Bear bag

* means items that would be kept overnight in a "bear bag" when camping in areas with bears